



StanWell Hub  
*thriving together*

The Stanway Wellbeing Hub's vision is to foster '*Thriving Together*': socially, emotionally, spiritually, physically and economically. We are people who live and work in Stanway and surrounds, who listen to and connect with people in our community who have found themselves, or a loved one, in difficult times. Covid has left many people socially isolated, physically and mentally depleted, spiritually hungry and/or economically stretched. We have volunteers from many backgrounds, including medical, teaching, faith and business. None of us has all the answers, but we know people with specialist expertise to whom we can signpost people. We meet twice a month on Tuesdays. From June this will be at the Stanway Lakelands Centre. If you would like to consider volunteering, contact [office.stanwellhub@gmail.com](mailto:office.stanwellhub@gmail.com) , phone Wendy on 07816 039832, or speak to Mary and Peter Johnson.